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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

TRAINED TO SAVE LIVES

Lifeguard Certification Course (10 Participants Max) NEW BRITAIN-BERLIN YMCA

WHEN: Sunday, April 11th 2pm-10pm (Pre-Test)
Monday, April 12th 10am-8pm
Tuesday, April 13th 10am-8pm
(MUST ATTEND ALL CLASSES)

PRICE: \$350.00
(MUST BE 15 YEARS OLD TO PARTICIPATE)

Location: New Britain-Berlin YMCA
50 High Street
New Britain, CT 06051
860-229-3787
*MASKS REQUIRED



***PRE-TEST:** All participants must pass to participate in course.
Swim 300 yards (12 laps) continuously on front, tread water for 2 minutes using legs only, and complete a timed event within 1 minute 40 seconds (surface dive to retrieve a 10lb object).

Future classes:

May 28th-30th, June 11th-13th, & June 25th-27th